

Body Sentence Alphabet

A	Apply deodorant
B	Bounce the ball
C	Comb your hair
D	Dig up dirt
E	Point to your eyes
F	Fold your hands
G	Give me your hand
H	High Five
I	Inch by inch on your arm
J	Jump to the sky
K	Kick the ball
L	Biceps curl
M	Muscle March (twitch your Shoulders)
N	Nail your nose
O	Open your mouth
P	Pinch your belly
Q	Quote the queen
R	Run over the rock
S	Sing to your shoulder
T	Touch the ground
U	Under your chin
V	Vibrate your voice
W	Whirl in a circle
X	Cross it out
Y	Yellow yawn
Z	Zip your coat